

Hi! I'm Himali

I am a Mental Health Support Worker and I enjoy:

- *Walking & taking time in nature*
 - *Meditation & reading*
- *Watching movies & drinking tea*

I have enjoyed undertaking studies in Mental Health and I am fluent in Sinhalese & English. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Himali.

