

Hi! I'm Emma

I am a support worker and I enjoy:

- *Photography, art exhibitions and volunteering for environmental projects*
 - *Yoga, skiing, hiking and cycling*
 - *Watching football and reading*

I am a Psychosocial Recovery Coach and I have enjoyed studying a Postgraduate in Youth Mental Health. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Emma M.

