

Hi! I'm Catalina

I am a Psychosocial Recovery Coach and I enjoy:

- *Spending time with my family*
 - *Going to the beach*
- *Going for walks and spending time with animals*

I have enjoyed studying a Bachelor of Psychology and Nursing and now I enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Catalina G.

