

Hi! I'm Kirsty

I am a Mental Health Support Worker and I enjoy:

- Swimming, walks and Yoga.*
- Socializing, going for drives or to cafes*
- I am part of a community choir and I do volunteer work*

I have enjoyed studying a Certificate II in counselling and I am currently studying a Certificate IV in Community Services and I enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Kirsty H

