

Hi! I'm Hannah

I am a Psychosocial Recovery Coach and I enjoy:

- *Reading, playing guitar and watching movies*
 - *Playing board games and video games*
- *Going for hikes, swimming & playing with my dog*

I have enjoyed undertaking studies in Mental Health, and I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Hannah J.

