

Hi! I'm Violet

I am a Mental Health Support Worker and I enjoy:

- *Listening to music, playing guitar and singing, arts & crafts especially painting*
- *Spending time in nature, going for walks and exploring, yoga, playing futsal, meditation and mindfulness.*
- *Going to the movies, op shopping, playing boardgames and spending time with animals*

I have enjoyed studying certificate IV in Mental Health and Youth Work. I enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Violet

