

Hi! I'm Jane

I am a Support Worker and I enjoy:

- *Going to cafes, movies, walks and exploring, yoga and art.*

In my leisure time I enjoy:

- *Catching up with friends and family, bike riding, swimming at the local pool, visiting art exhibitions, seeing live music, travelling, and spending time in nature.*

I have enjoyed studying Advanced Clinical Training in Relational Gestalt Psychotherapy. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Jane T.

