

Hi! I'm Carmen

I am a Mental Health Support Worker and I enjoy:

Going to cafes, music, walks & exploring, art, movies and yoga.

In my leisure time I enjoy:

Going to the beach or to a park. Painting in watercolour, reading, going out to lunch/coffee or to community events.

I have enjoyed studying a Masters of Counselling and a Bachelor of Psychology and I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Carmen L.

