

Hi! I'm Sarah S

I am a Mental Health Support Worker and I enjoy:

- *Walks, Yoga and Cooking*
- *Art, Painting and Music*
- *Catching up with friends*

I have enjoyed studying a Certificate III in Individual Support and am currently studying a Certificate IV in Mental Health. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Sarah S

