

Hi! I'm Flavia

I am a Mental Health Support Worker and I enjoy:

- *Being outdoors & gardening*
 - *Going for walks*
- *Catching up with friends for a coffee*

I have enjoyed undertaking studies in Mental Health and I am fluent in Spanish & English. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Flavia K.

