

Hi! I'm Cass E

I am a Mental Health Support Worker and I enjoy:

- *Going to the beach and exploring cafes or restaurants.*
 - *Reading and watching movies*
- *Gardening, baking, crochet, painting - anything arts and crafts. I also enjoy learning new skills.*

I have enjoyed studying a Bachelor of Science - Psychology & Human resource Management. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Cass E

