

# Hi! I'm Ashleigh

*I am a Mental Health Support Worker and I enjoy:*

- *Going on drives or going for walks. Exploring and swimming at the beach.*
  - *Socializing, going to the movies*
  - *Music, going to the gym and family*

*I have enjoyed studying a Diploma of Mental Health & Addictions and a Cert IV in Health and Wellbeing (Social and Community Services). I now enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Ashleigh N*

