

# Hi! I'm Mark

*I am a Mental Health Support Worker and I enjoy:*

- *Catching up with friends & going for drives.*
  - *Listening to music & going to the pub.*
- *Swimming, camping, cooking, cycling & learning new languages.*

*I have enjoyed studying a Bachelor of Science*

*(Hons) in Psychology, and I now enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Mark H.*

