

Hi! I'm Anna

I am a Mental Health Support Worker and I enjoy:

- *Cooking & baking sweet treats*
- *Walking, exploring nature & going to cafes with my friends*
- *Exercising, Pilates and training for triathlons*

I have enjoyed studying a Bachelor of Psychological Science and now I enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Anna R.

