

Hi! I'm Bec H

I am a Mental Health Support Worker and I enjoy:

- Playing sport, yoga, bike riding, hiking and walks*
- Socializing, going to cafes, the beach or the movies*
 - Yoga, Books and travelling*

I have enjoyed studying a Diploma of Community Service and have a Bachelor of Science. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Bec H

