

# Hi! I'm Ayaan

*I am a Mental Health Support Worker*

*In my leisure time, I enjoy a mix of relaxing and engaging activities that help me recharge and explore new interests. I love shopping, as it allows me to discover unique finds and be creative with my styling. I also enjoy going to cafes, whether it's trying different coffee places, sampling pastries, or simply soaking in the atmosphere while reading. I'm a big fan of movies as well as Board games and puzzles.*

*I approach daily life with a mindset of kindness, curiosity, and growth. I try to do my best today, whether in small actions, learning new things, or supporting others. I see each day as an opportunity to improve, whether it's by being more patient or trying something new. My motto in life is to treat people the way I would like to be treated.*

*Wishing you all the best and I hope to meet you soon.*

*Ayaan*

